



**CITY COUNCIL EXECUTIVE COMMITTEE MEETING
CITY COUNCIL CHAMBERS, THIRD FLOOR, CITY HALL,
#1 CITY HALL PLACE, PUEBLO, COLORADO 81003.**

**TUESDAY, FEBRUARY 21, 2023
5:30 PM**

Individuals Requiring Special Accommodations Should Notify the City's ADA Coordinator at (719) 553-2295 by Noon on the Friday Preceding the Meeting.

Executive Committee meetings are special meetings of the City Council and are informal Council meetings for the purpose of receiving information and discussion among Council Members; no official action is taken at such meetings. The public is invited to attend, but public comment is generally not received unless otherwise noted.

Agenda

CALL TO ORDER

PRESENTATIONS

- | | |
|--|-----------|
| A. CITY UPDATE
Laura Solano, Chief of Staff
10 minute presentation | 5:30 p.m. |
| B. ARPA - POSADA EMERGENCY FUNDING
Bryan Gallagher, Director of Housing and Citizen Services
Klm Bowman - Executive Director
10 minute presentation | 5:35 p.m. |
| C. LEVEE ART MURAL CONTEST
Cynthia Ramu - Pueblo Levee Mural Project Coordinator & Muralist
Haley Robinson - Director of Public Affairs
5 minute presentation | 5:55 p.m. |
| D. COLORADO MUNICIPAL LEAGUE
Kevin Bommer - Executive Director
30 minute presentation | 6:10 p.m. |
| E. ARPA - CROSSROADS TURNING POINTS
Charles Davis - Chief Executive Officer
15 minute presentation | 6:50 p.m. |
| F. CELEBRATE RECOVERY & RISE PROGRAMS
Pastor Rob Reyes - Pueblo Praise Church
Jessica Smith - Assistant Director of Programs
Dr. Amy Blansit - Chief Executive Officer | 7:15 p.m. |

20 minute presentation

ADJOURNMENT



CITY OF PUEBLO: LEVEE MURAL SUBMISSIONS 2023



PUERBLO

Tim Nijmhuis

2/14/2023





5





CROSSROADS'
TURNING POINTS, INC.

Where Recovery Happens!

Circle Program and new facility

History of the Circle Program



- Originated at the Colorado Mental health Institute in the early 2000's when the mental health unit was seeing more co-morbidity with substance use
- The program was designed to address substance use (SUD) and mental health (MH) simultaneously. It also addressed any physical health issues that were a barrier to treatment.
- It was a self-contained 90-day program and quickly grew in demand across Colorado
- The program had a waiting list six months long

History of the Circle Program



- The program was closed in June of 2017 due to staff shortages at the institute
- Local state legislative representatives advocated to revive the program based on demand from across the state
- In 2018, they were successful in getting the program funded, expanding it to include two sister programs on the western slope and in Fort Collins
- Crossroads' bid for the contract offered in southern Colorado and has maintained the contract since that time

History of the Circle Program

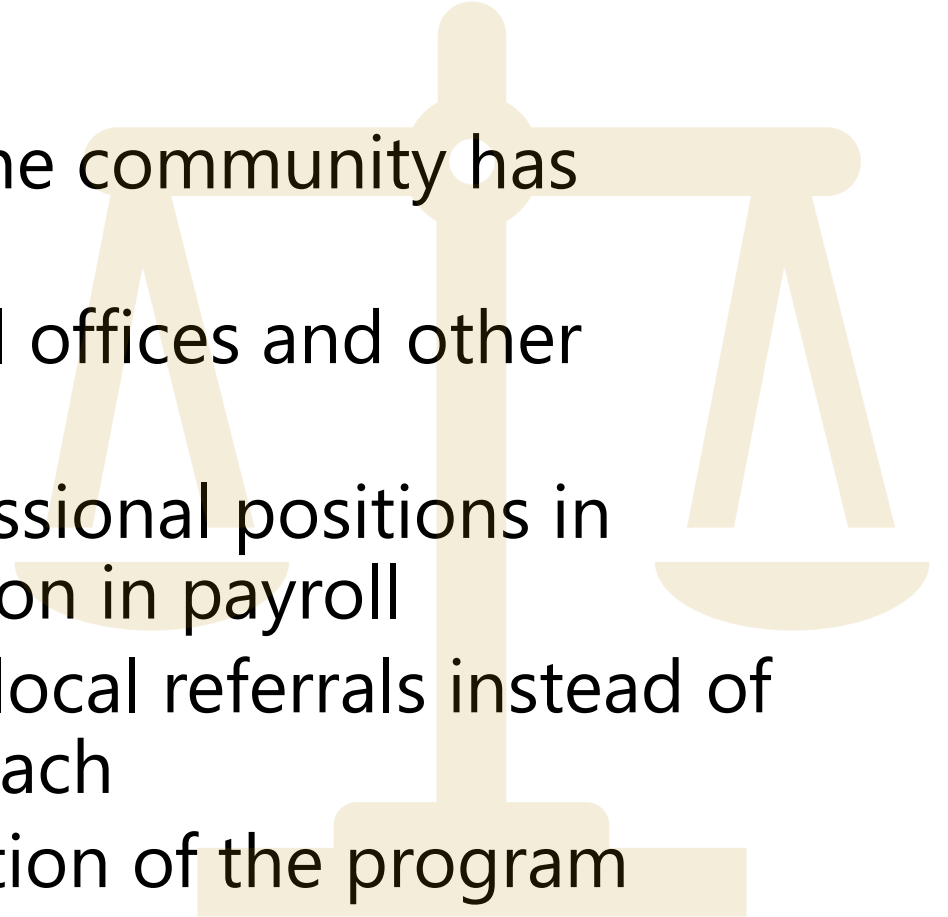


- CTP immediately opened the program in an existing facility located on E. Evans to try and retain some of the staff from the original program
- CTP got the Pueblo program running and then assisted the other two agencies in designing their programs.
- Commitments were made to help acquire or build a new facility to help expand the service and make Pueblo the flagship of the Circle Programming in Colorado
- CTP has committed countless resources and time to make it the premiere program it is today

The move to community



- Bringing the program into the community has created:
 - Partnerships with medical offices and other ancillary services
 - Maintained 20 plus professional positions in Pueblo with over 1.4 million in payroll
 - Allowed CTP to focus on local referrals instead of a statewide service approach
 - Increased Pueblo's utilization of the program from 13% to almost 50%



The move to community

- It has also created challenges with the temporary facility:
 - Lack of space and parking
 - Limited capacity to 10 beds due to the safety distance requirements of COVID
 - Double duty space usage:
 - Dining hall and group room
 - Day room and activity room
 - Shared office space
 - Limited meal prep space



Despite all of the challenges:



- The Pueblo Circle program is helping more individuals than in the past (and utilizing the other services at CTP to provide a full continuum of residential services).
- We currently have 8 male and 8 female beds
- We are on track to helping over 140 individuals in 2022-2023

Today, the Pueblo Circle Program:

- Is a 16-bed facility, serving eight men and eight women at a time
- serves the highest level of co-occurring services (ASAM 3.7)
- Utilizes a variety of funding:
 - Medicaid
 - Indigent
 - Self pay
- Provides services to the most vulnerable and compromised individuals in our communities with mental health, substance use, and medical treatment simultaneously



Our new facility:

- Will expand services to serve more individuals
- Will increase the quality of services
- Will provide adequate space to conduct the medical, mental health, and substance use disorder treatment
- Will create a unique opportunity for individuals in southern Colorado to regain their lives without leaving the area and for the local behavioral health professionals to help their fellow community members



Our Request:



- The new facility will cost \$5.4 million
- The CTP Board of Directors has committed \$1 million of retained earnings to the project
- We received \$1.3 million from the state
- We are borrowing over \$3 million to complete the project
- We are asking for \$750,000 from you to lower our monthly debt service on the loan by almost \$4,400 per month and redirect this savings into clinical care (over \$50,000 per year)

Our Request:



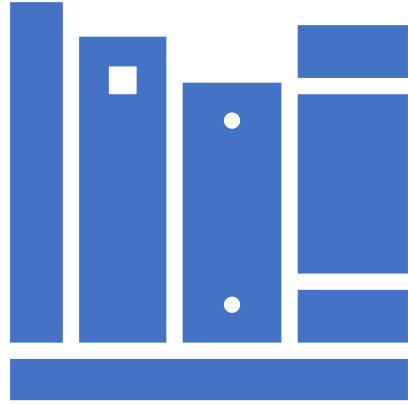
We are facing a growing crisis with:

the opioid epidemic is in full swing

Fentanyl use is continuing to increase

Methamphetamines are running rampant throughout the state

Crossroads' wants to be a part of the solution to this crisis



Questions?

Thank you for your time



CELEBRATE RECOVERY

FREEDOM FROM LIFE'S HURTS, HABITS, AND HANG-UPS

History:

Founded by Rick Warren and John
Baker in 1991 at Saddleback
Church

It's a national program

Purpose of Celebrate Recovery:

To encourage fellowship, provide hope and to celebrate God's healing power in our lives as we work our way along the road to recovery. We are changed as we share our experiences, strengths, and hopes with one another.

Try to break the family's cycle of dysfunction at the youngest level - the kids.

We offer The Landing for the teens and Celebration Place for 5-12 year olds



Format of Celebrate Recovery

Every Thursday at Praise Assembly

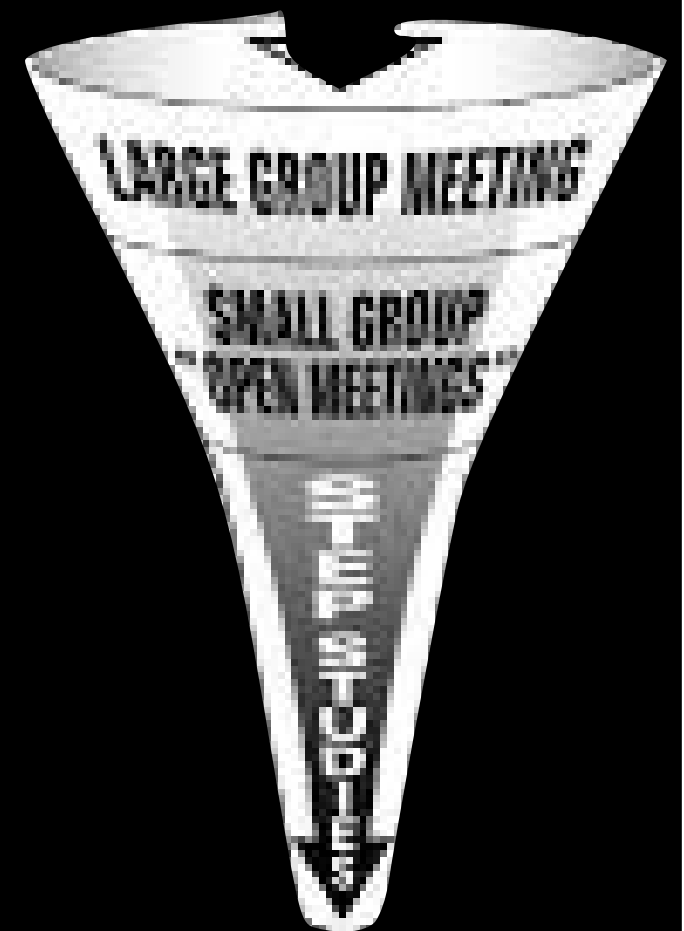
Dinner - 5:30pm

Large Group - 6:00pm

Small Group - 7:30pm - 8:00pm

Crosstalk Cafe - 8:00pm - 8:20pm

Step Study - Discipleship



CR Growth Funnel

What is a hurt, hang up, and habit:

Anything that hinders your walk with God.

Hurt	Hang up	Habit
Abandonment	Abusive behavior	Anger
Abuse (as a child, or by a spouse, employer, or the church)	Bitterness	Anxiety, worry
adoption	Alcohol/Drugs	Arrogance
Dysfunctional family (divorce, alcoholism, drub abuse, rage etc.)	Eating disorders	Body image
Neglect	Gossip	Bullying, bigotry
Rape	Lying	Control
Rejection	Self-harm	depression
Same sex attraction	Sexual integrity	Fear
Cheating, affairs	Spending problems	Greed, envy
Unforgiveness	Workaholism	Guilt (false) and/or shame
Retraumatization	Pornography addiction	Lack of self control



Thank you

RISE and Blue House Project

Pueblo, Colorado

Drew Lewis Foundation

- **Our Mission:** We educate, empower and support underserved families through personalized programs and coaching to increase quality of life and build resilient communities.
- We achieve this through methods including our main programs RISE and the Blue House Project.

Who We Serve

- Low- to moderate-income families and individuals, employed or looking for employment.
- Fill the gap for individuals who fall between crisis and self-sufficiency.
- Cliff Effect
- Expansion includes Southwest and Southeast Missouri and Colorado.

RISE: Reaching Independence through Support and Education

- Five-year pilot study in 2016
- Began with a vision for change through family support and an ecological model
- Community-driven neighborhood development
- Solution-based; sustainability
- Bridge the gap between community members and community resources
- Intensive case management
- Proven curriculum focused on 16 sufficiency indicators
 - Housing, transportation, employment, education, income, health insurance, quality childcare, physical health, mental health, social connectedness, food security, and more.

RISE: Reaching Independence through Support and Education

CORE

- A strong foundation is developed in the initial 16-weeks of classes

MAINTENANCE

- More advanced topics are taught in the one-year series of classes

CHAMPIONS & ALUMNI

- RISE Members partner with incoming cohorts

Results

46 cohorts have been launched in nine counties

For every \$2,500 spent per family there is a \$12000 socioeconomic return on investment

Graduates in Missouri average monthly household income increase of \$677 or 32%, with an average credit score increase of 122 points

Pueblo has started two cohorts

Three graduates from first cohort, with 16 current participants



Blue House Project



MISSION-BASED HOMEOWNERSHIP
Community Development

Blue House Project

Mission-Based Homeownership



- Public & private funded program
- Vision is to purchase homes in concentrated areas in an effort to restore the neighborhood, while steering away from the traditional impacts of gentrification
- Refurbish homes rent to RISE members with goal of ownership within two years
- Tenants are chosen based on need and ability to purchase the home in 2-year period
- Program also includes education, monthly home visits, and banking connections for the homeowners.



Financing



- **The Community Reinvestment Act (CRA) Method**
- **Donation Method**
- **Carlson Method**
- **Management Method**



Resale Requirements

To protect our gift of \$5-10,000 asset

- RISE Families priority ownership
- Cannot be resold on the open market for five years (first right refusal DLF)
- Expectations of clean and tidy property. City codes enforced



Blue House Project

Blue House Project

MISSION-BASED HOMEOWNERSHIP

17 Homes to-date
+6 more in 2023

